

From Labs to Lives

How Research Funding Solves Real-World Problems

NIH-Funded Research Improving ADHD Support Across the Lifespan

At UC Davis, Julie Schweitzer is advancing how we understand and treat ADHD — one of the most common neurodevelopmental conditions, affecting over 20 million Americans. Her NIH-funded research shows that people with ADHD often perform better when allowed to move, and that their brains work harder — but less efficiently — to stay focused. Her team is developing more accurate, real-world assessments and exploring how puberty timing, movement and environment influences outcome for kids and teens.

Helping Humanity

Despite its prevalence, ADHD remains one of the most underfunded and misunderstood conditions in mental health. Without sustained federal support, millions of children and adults will continue to struggle with outdated treatments, missed diagnoses and unclear needs. Schweitzer's work offers a path forward — toward earlier identification, more effective support strategies and a future where people with ADHD are empowered, not overlooked.

// Cutting ADHD research funding sends a message that outdated treatments are good enough. They're not. We owe it to the families, schools and kids to do better." — Julie Schweitzer, Ph.D.



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